



## Beauty

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## Argan Oil Review

## Chill Out Spa - Strictly

Get ready for summer at Chill Out Spa

Want a pert bum and smooth legs in time for your holidays?


Xen-Tan boutique at Selfridges, Trafford Centre


ESPA lift and firm facial


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## Intimate lifestyle products reviewed

**Thea Euryphaessa reviews free-from-nasties products of a personal and pleasurable nature**

Written by Thea Euryphaessa. Published on Sunday, May 22nd.

### Yes

British-based company, Yes, describe their products as a revolution in organic intimate lubricants. So perhaps it should come as no surprise that their utterly fabulous lubricants bagged the top spot in the Best Body Care Award category at the recent 2011 Natural and Organic Products European Awards. A well deserved win.

If you're still using K-Y Jelly, Durex Play, or Vaseline, stop it. Stop it right now.

Their products contain eye-watering nasty ingredients you do not want to be applying to sensitive and intimate areas. Yes's products, on the other hand, do not contain parabens, glycerine, glycols, grapefruit seed extract (GSE), sodium benzoate, or mineral oil. They are also certified organic by The Soil Association (the world's first intimate lubricant to be organically certified).

If you're using condoms then use the water-based lubricant (psst, if you're a long distance runner, I also recommend the water-based lubricant for areas prone to chafing). My favourite, however, is their oil-based lubricant. Damn it's luscious: luscious, sensuous, non-staining, and best of all, kind to your body. It lasts and it lasts and it lasts: perfect for marathon sex sessions. Available to order in a variety of sizes and starting at just £4.99 for 25ml through to £16.49 for 125ml, I cannot recommend it enough. One of my beauty heroes, order online from [www.yesyesyes.org](http://www.yesyesyes.org).



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