

Welcome



Toys for two, 3D cybersex, Facebook vibrators and environmentally friendly lube... We reveal the hottest new sex trends to hit your bedroom this year – and how they'll rock your love life!

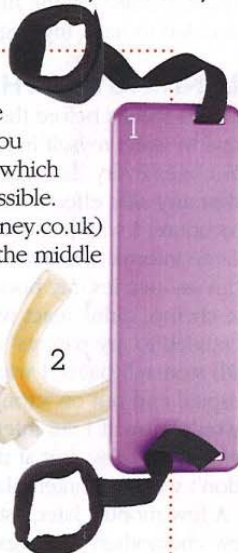
1 POSITION IMPOSSIBLE?

Forget the boring old missionary, the best way to give your sex life a boost is to try a new position. And if you aren't as supple as a ballerina, there are new gadgets which can help you get your legs into places you never thought possible.

The **G-Thrust Position Booster [1]** (£24.99, www.lovehoney.co.uk) is a pair of ankle cuffs with a rectangle of plastic attached in the middle that your man rests his feet on. It sounds bizarre, but it will help angle your pelvis towards him so he hits your G-spot.

Tired of the 69? There's also a gadget that can help spice up oral sex. **The Blow Guard [2]** (£19.95, www.onjoy.com) was designed by a dentist to help shield your teeth. It sounds a bit clinical but it means you can go crazy and he'll never have to worry that you'll bite, not blow!

If you don't want to get out a gadget every time you get it on, ring the changes with standing sex. Sarah Hedley, author of *Sex By Numbers* (£7.99, Piatkus), says, "Just face a wall, brace your hands against it, stick your bum out and you're ready to go! The view will give him a treat and bending over will deepen penetration."



2 STAR IN YOUR OWN EROTIC NOVEL

If all that sounds a bit energetic, how about starring in your own piece of erotic fiction? Ustarnovels.com will personalise a steamy book to feature you and your man (£26.95, www.ustarnovels.com). Simply visit the website and fill in a form detailing your colouring, pet names and other personal details and you'll soon have a shared experience that will get you both feeling horny.

Or why not try writing your own erotic stories? Erotic blogging is very 2009, and if you're too embarrassed to share your thoughts with the world then you could always send a weekly email to your man.

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3 IN THE KINK

Forget thigh boots, fearsome whips and scary spiky devices. Fetish is going mainstream, and the props are getting prettier. Instead of handcuffs, opt for a pair of **Spankties [3]** (£11.99, www.spankties.com).

Made from pink foam-covered wire (not unlike hair curlers of the 1990s!) these bondage toys are twisted into place to restrain you (or your partner), meaning you don't have to worry about losing a key. You can also twist them together to form a mild spanking paddle. Team them with a pair of pink **Nipple Vibrating Clamps [4]** (£23.95, www.onjoy.com), which deliver a soft squeeze rather than a painful pinch, making them ideal for beginners.

Finally, add a **Pink Leather Kink Kit [5]** containing a pink leather blindfold lined with fake fur, plus a matching mild leather whip and collar (£35, www.loveinabox.co.uk) and you've got all you need for a night that's naughty, but very nice...

4 THE WETTER THE BETTER

In her new sex manual *Sextasy* (£14.99, Dorling Kindersley), Tracey Cox says, "Girls tend to use lube for intercourse only – and then only if they suffer from dryness. But take a hint from your gay best friend's sex life and try using it for everything – hand jobs, massages, when you're using sex toys and during foreplay." Plus, with so many varieties to choose from, you're bound to find something that suits you. **Durex Play O [6]** (£14.67, www.durexworld.com) is a gel that encourages blood flow to the clitoris. You can even match your lube to your favourite tippie – try Apple Martini and Cosmopolitan cocktail flavours from **Onjoy [7]** (£8.95, www.onjoy.com). >

'Take a hint from your gay best friend and try using lube for everything'

5 DOUBLE THE PLEASURE

The Rabbit may have enjoyed pride of place in our bedroom drawers ever since we first saw it in *Sex And The City*, but the latest innovations are toys that you use *with* your ma *while* you're having sex. By far the best is the **We-Vibe [8]** (£77.49, www.lovehoney.co.uk), a small purple C-shaped toy that stimulates your clitoris and G-spot at the same time. It's small enough to fit inside you alongside your man and will give you amazing clitoral vibrations as well as enhancing penetration. The result? Better orgasms for you *and* him.

Another option is the **G-Pilot G-spot Guide [9]** (£10.14, www.onjoy.com), which looks like a pick 'n' mix scoop and is slipped inside you to angle your man towards that magic spot. Screaming

Oh's range of **cock rings [10]** (from £2.99, www.lovehoney.co.uk) are credit-crunch friendly, stretchy enough to fit even the biggest man and will help lengthen and strengthen his erections, while turning you on with a clitoral vibrator. Now why weren't they invented sooner?

6 REMOTE-CONTROLLED PASSION

This is about making him do all the work – even when he's not in the room! The **Doc Johnson High Joy Enabled iVibe Internet Rabbit [11]** (£69.99, www.lovehoney.co.uk) can be controlled via a web browser so your man can turn you on virtually. And if you fancy returning the favour, you could buy him the **Vibra-exciter [13]** (£22.99, www.vibrafunproducts.com). It's a cock ring with two vibrating bullets that you can set buzzing with a text message or call to his mobile!

Alternatively, use your vibrator to land a man!

Love Bunnies are the first sex toy that you can personalise on Facebook. Sign up at www.lovebunni.es to create your virtual rabbit and flirt with other bunnies. And if you get frisky, buy your own **Love Bunny [14]** (£9.99, www.lovehoney.co.uk) that comes complete with a birth certificate to match your online toy.

But it's not just toys that have gone high-tech. Cybersex has taken on a new dimension with the 3D Webcam (£49.99, www.firebox.com), making long-distance love more realistic. Just don't be surprised if your man ends up with fingerprints on his monitor.

8 MORE SEX!

There's one thing we can thank the credit crunch for and that's the fact we'll all be staying in and getting it on a lot more this year. Both Ann Summers and www.sextoys.co.uk have already seen an increase in sales. C'mon girls, sex is free (and fun!), so what are you waiting for? ☑

Reaching the big O just got a whole lot easier...

7 HAVE SEX AND SAVE THE PLANET!

Yes, you really can have 'green' sex! And no, it doesn't involve recycling condoms. If you want to make your sex life more environmentally friendly, start by using organic lube like **Yes lube [11]** (£5.39, www.yesyesyes.org). Then move on to an eco vibe, which could be better for your health too! Plastic vibrators can contain dangerous levels of phthalates – chemicals that have been linked to certain cancers and have been banned in children's toys since 1999. Try a wooden toy like **Long Fling G-spot dildo [12]** (£89.99, www.lovehoney.co.uk), a metal one like **Play Shy** (£150, www.shy-uk.com) or any of the fab silicone toys in the Fun Factory range (www.fun-factory.com).

Oh, and when you're getting rid of your old vibe, don't just bin it: take advantage of Lovehoney's recycling scheme and they'll re-use the electrical components to limit the amount of waste put into landfill. Award-winning eco journalist Sarah Lewis says, "Being green isn't just about turning lights off, having showers instead of baths and reusing carrier bags. The increase in eco sex products is a great thing. After all, an orgasm should rock your world, not ruin it."

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